

RETIREE CARRIER CONTACT LIST

District Benefits Team Contact Information

District Intranet Page: www.goldengate.org/retiree-medical

Benefits Email: Benefits@goldengate.org

Benefits Phone: (415) 257-4526

MEDICAL & PRESCRIPTION DRUG PLANS

California Public Employees' Retirement System (CalPERS)

(888) 225-7377

TTY: (877) 249-7442

www.calpers.ca.gov

PERS Gold & PERS Platinum PPO

Pre-65 Retirees/Basic Plan

Included Health

(in Partnership with Blue Shield & OptumRx)

(855) 633-4436 TTY: 711 (Basic/Pre-65)

(Messaging available through Online Portal)

<https://includedhealth.com/microsite/calpers/>

Post-65 Retirees/Medicare Plan

Blue Shield (Medicare Supplement)

(800) 405-2127 TTY: 711 (Medicare/Post-65)

(Messaging available through Online Portal)

www.myoptions.blueshield.com/calpers_retiree

OptumRx (Prescription Drug Supplement)

(855) 505-8106 TTY: 711 (Medicare/Post-65)

www.optumrx.com/calpers

PERS Kaiser HMO

Pre-65 Retirees/Basic Plan

Kaiser Permanente

(800) 464-4000 (Basic/Pre-65)

TTY: (800) 777-1370

(Live Chat available on website)

www.kp.org/calpers

Post-65 Retirees/Medicare Plan

Kaiser Permanente

(800) 443-0815 (Post-65/Medicare)

TTY: (800) 777-1370

(Live Chat available on website)

www.kp.org/calpers

HEALTH REIMBURSEMENT ARRANGEMENTS (HRA) & RETIREE PREMIUM BILLING

Navia Benefit Solutions

(866) 897-1996 (HRA Plans)

(425) 452-3490 (Direct Billing & COBRA)

(Monday – Friday, 5:00am – 5:00pm, PST)

www.naviabenefits.com

MEDICARE ENROLLMENT

ALL Retirees & Eligible Dependents MUST Enroll in Medicare when they turn 65 or become eligible earlier due to a disability.

Social Security Administration

(800) 772-1213

www.ssa.gov

DENTAL COVERAGE

Delta Dental PPO

(800) 422-4234; TTY/TDD: 711

www.deltadentalins.com

VISION COVERAGE

Vision Service Plan

(800) 877-7195; TTY: 711

www.vsp.com